



# HEALING VIBES

Boulder Healing Arts Association

## HANDS ARE THE MIRROR TO ONE'S SOUL

By Myrna Lou Goldbaum

There are five basic areas discussed in every palm reading session I conduct. Because I interpret the lines on the hand employing the modality called Oriental Palmistry, it does not coincide with the modern systems and methods many Palmists use today. Oriental Palmistry was first used in the year 3000 BC and is an authentic method used to study the lines in a hand. Hindu Indian Palmistry dates to 2000 BC and it is the most commonly used method of hand analysis known to most people. Both methods “get” the same answers, just looked at differently by the Palm Reader. Verbiage is called out in other words but the representations are the same.

For instance Hindu Indian Palmistry discusses the Heart line, Head line and Fate line while Oriental Palmistry does not use these terms.

In Oriental Palmistry the five main lines found on every human palm are:

- Life line
- Love line

- Work line
- Reproduction
- Bracelets.

The Life line depicts the birth, health and longevity of an individual. Illnesses, trips to the hospital, and life-threatening disease or accidents are found on the Life line. This line runs parallel to the fingers. A fork at the end of the Life line shows creative thinking processes. If this line were to be measured, each finger is counted as twenty years while the space between is counted as ten years in calculating the person’s time on earth this time around.



The Love line begins with puberty. Whether an early or a late bloomer, the Love line reveals the entire and true story of what happened and what is happening in the person’s heart at this time in their life. A past romantic history, big lights, engagements, lost loves, triumphs, and even celebrations are found on the Love line. This line is on the palm running from the thumb side of the hand toward the

(Continued on page 2)

Spring 2008  
Volume 8,  
Issue 4

### Inside this issue:

<i>Hands are the Mirror to the Soul</i>	1
<i>BHA Directory (Pull-Out)</i>	3-5
<i>How It Works For Me</i>	6
<i>New Members</i>	7
<i>Aromatherapy</i>	7
<i>More Wisdom of Florence Scovel Shinn</i>	8

### Fairs in 2008

- April 19 - Healing Arts Sampler
- May 24 - Psychic Fair
- June 21 - Holistic & Intuitive Arts Fair
- Sept. 20 - Healing Arts



## HANDS ARE THE MIRROR TO ONE'S SOUL

Palmistry offers excellent ways to solve the dilemma and find out what one is best suited to in a profession.



Myrna Lou with her Book 'May I See Your Hand'

Because I interpret the lines on the hand employing the modality called Oriental Palmistry, it does not coincide with the modern systems and methods many Palmists use today.

*(Continued from page 1)*

center of the hand.

Wishbone-shaped marks equal connections in love.

The Soul Mate symbol is located by the wrist, and is usually a pyramid or a pillow-shaped area. It shows the possibility of re-uniting with someone from another time zone on this planet in re-incarnation. This is a person who bonds with you and connects in many ways such as mentally, emotionally, religiously, spiritually, sexually, physically and so on.

The Work line shows a person's abilities, talents and the amount of energy and effort given to the workplace. It shows the work future in one's life.

Raises, terminations, businesses lost or new jobs begun are easily discovered by searching the Work line. Palmistry offers excellent ways to solve the dilemma and find out what one is best suited to in a profession. Usually one gravitates to the type of work they feel the happiest in or to a job that they think they would enjoy. The Work lines are on the area just under the thumb.

Reproduction marks are located on the baby finger, nestled at the joint, and represent the possibilities, (the number of children), one can produce. Male lines are vertical, female lines are horizontal.

EXAMPLE: A man may have six markings on his baby finger while his

mate has only two. Their fate: to reproduce two times; the female provides the eggs while the male determines the sex of the baby.

The Bracelets are found on every human being. The first row on the wrist next to the palm is representative of the first twenty-five years in a lifetime. The second row, next twenty-five years, etc. The Bracelets are composed of shapes like the letter "c", but they are elongated. When a person must find a solution to a problem, or make a decision, the "c" closes and becomes an "o". The average person has four knotty problems to settle from the age of sixteen to twenty-five.

Numerous miscellaneous lines can be found on the palm. A partial listing: "X" symbol, Guardian Angels, Good Luck, Mystic Cross, Giving Lines, Personality Traits, Creativity, Abilities, Talent, Island, Dot, Mystic Cross, Medical Stigmata, ESP, Teacher' Block, Stripes, Grilles, Old Soul, Poison Line, and Simian Line. Grounding, Focusing and Centering are also present on the palm along with Lessons Learned and New Beginnings. ■

*MYRNA LOU is a renowned national and international palmist, psychic, author, lecturer and teacher. She employs Oriental Palmistry, is on radio and TV, and writes for numerous publications.*

*Phone: 303-651-6273*

*E-mail: hmg@privatei.com  
www.myrnaloupalmistry.com*

# BOULDER HEALING ARTS DIRECTORY

## ASTROLOGY

<b>JOSHUA HAYWARD</b> <i>All Planets Healing</i> Boulder - Ouray, CO ~ 970-325-0545 Astrology Readings, Intuitive Tarot. Classes and Workshops, Lectures and Seminars. <a href="http://www.lightsourceinstitute.net">www.lightsourceinstitute.net</a>	<b>KELLEY ROSANO</b> Denver, CO 303-581-0800 ~ Toll free 888-994-8868 Intuitive Astrologer, Speaker/Author, Personal and Business Success Coach. <a href="http://www.kelleyrosano.com">www.kelleyrosano.com</a>
---	---

<b>LORRAINE AILLERY, BA</b> Boulder, CO ~ 303-447-3924 Astrological Chart Readings since 1968. Motivational Speaker, Lecturer on topics in Astrology. Astrology Classes.	
---	--

## AURA PHOTOGRAPHY & AURA PORTRAITS

<b>BELLE STAR</b> Aura Photography / Jewelry Design Boulder, CO ~ 303.249.6958 Aura Photography & Reading, Life Coaching, Reiki, Hypnother- apy. Hand-crafted gemstone jewelry. <a href="http://www.bellestar.net">www.bellestar.net</a>	<b>CAROL SKYLARK</b> <i>Skylark Productions</i> Ft. Collins ~ 970 225-6981 Artist, energetic healing, aura portraits, mystical music videos and television programs all about energy. <a href="http://www.skylarkproductions.com">www.skylarkproductions.com</a>
--	--

## AUTOMATIC WRITING

<b>RONNY MARSHALL</b> <i>Ask Ven - Automatic Writing</i> Boulder, CO ~ 303-530-0750 You will get a printed copy of the reading with spirit guide Ven at the end of your session. <a href="http://www.boulderhealers.com/AskVen">www.boulderhealers.com/AskVen</a>
---

## PALMISTRY

<b>MYRNA LOU GOLDBAUM</b> Boulder, CO ~ 303-651-6273 Oriental Palmistry, Intuitive Readings, Soul Mate Specialist. Author, Lecturer, Teacher, TV Producer/Host. <a href="http://www.myrnaloupalmistry.com">www.myrnaloupalmistry.com</a>
--

## BODYWORK AND MORE

<b>ANGELA CRISAFULLI, LMT</b> <i>Serenity Unlimited</i> Longmont, CO ~ 303-776-7882 Therapeutic/Intuitive Massage, Energy Healing, Custom oil blends, Personal Health Profiles. <a href="http://serenity.boulderhealers.com">http://serenity.boulderhealers.com</a>	<b>CHIWA HAGASHI</b> <i>Divine Light Center</i> Boulder ~ 303-215-6073 Massage Therapy, Angel Therapy, Energy Healing, Intuitive Con- sultants, Life Coaching, Spiritual Counseling, Vibrational Healing.
---	---

<b>CHERYL BUSCHMANN, CMT</b> Longmont ~ 720-327-9724 Integrated Energy Therapy (IET), Chakra Balancing, Medical Intui- tive, Soul Retrieval, channeling, Therapeutic Massage	<b>DORIS SCHLAGEL</b> Louisville, CO ~ 720-939-0264 Ortho-Bionomy, Massage, Polarity, CranioSacral, Trauma Work.
---	--

<b>FRANCOISE NETTER</b> <i>Body/Mind Dynamics</i> Boulder, CO ~ 303-402-0443 Movement Therapy, Yoga; Intuitive, Clairvoyant, Psychic Read- ings, Numerologist. <a href="http://www.bodyminddynamics.org">www.bodyminddynamics.org</a>	<b>GARY PETERSON</b> <i>Wellness Professionals</i> Boulder, CO ~ 303-776-1879 Polarity Therapy, CranioSacral Therapy, Polarity Therapy Certification Trainings. <a href="http://www.energiabooks.com/">http://www.energiabooks.com/</a>
---	---

<b>JILL VAN DYKE</b> Boulder, CO ~ 303-530-3724 Massage. Intuitive counseling, Reiki, Aura healing and bal- ancing. Phone readings and distance healing.	<b>KARLA MAHANNA</b> <i>Windsong Healing Arts</i> Boulder, CO ~ 03-413-1810 Bowen Therapy, Horstmann Technique, Crystal Bowls,. Past Life, Hypnotherapy, Counseling, <a href="http://windsonghealingarts.tvoco.com">http://windsonghealingarts.tvoco.com</a>
---	--

<b>LENA ERSDAL STAUFFER</b> Broomfield, CO ~ 720-771-6717 Rieki Master, Body Talk Therapist, Shaolin Healer, PUSH Therapy, Clairvoyant. <a href="http://www.boulderhealers.com/lenastauffer">www.boulderhealers.com/lenastauffer</a>	<b>STEPHEN BLANCH, CMT</b> <i>Sunset Massage</i> Longmnt, CO ~ 303-257-4703 Mobile massage, featuring Swedish massage, deep tissue, neuro- muscular techniques. <a href="http://www.boulderhealers.com/stephenblanch">www.boulderhealers.com/stephenblanch</a>
---	--

<b>SUSAN SOLARI, CSI, CMT, LMT, Ph.D.</b> <i>Center for Integrative Therapy</i> Oakland, CA ~ 510-225-5305 (cell) Structural Integration - Ida P. Rolf method, Massage Therapy. <a href="http://www.boulderhealers.com/SusanSolari">www.boulderhealers.com/SusanSolari</a>	See many of our readers and healers at our fairs. <a href="http://www.boulderhealers.com/sampler">www.boulderhealers.com/sampler</a> <a href="http://www.boulderhealers.com/psychicfair">www.boulderhealers.com/psychicfair</a>
--	---

## BREATHWORK

<p><b>DOE KELLY</b>  <i>The Center For The Future</i>                  Longmont, CO ~ 303-702-9626 or 753-2863 (messages)                  Breathwork, Voice Coaching, Vibe &amp; Chi Machine &amp; Hothouse,                  Energy/ Sound Healer. <a href="http://www.thecenterforthefuture.com">www.thecenterforthefuture.com</a></p>	<p><b>NANCY WUNDERLICH</b>                  Niwot, CO ~ 303-956-8460                  Transformational Breathwork, Transpersonal Psychotherapy, Mas-                  sage, Life Coach. <a href="http://www.boulderhealers.com/nancywun">www.boulderhealers.com/nancywun</a></p>
<p><b>CHIROPRACTIC</b></p>	<p><b>COACHING</b></p>
<p><b>EMILIE ZEPERNICK, DC</b>  <i>Healing With Love</i>                  Boulder, CO ~ 303-506-2931                  Chiropractor, Integrated Energy Therapy (IET), Energetic Healing,                  Angel Therapy, Acupressure. <a href="http://www.healingwithlove.com">www.healingwithlove.com</a></p>	<p><b>DAWN TODD, LMT, WSW</b>                  Wildly Successful Woman                  Longmont, CO ~ 720-366-0773                  Certified Attraction Coach, massage therapy, energy medicine,                  hypnosis. <a href="http://www.momentumbusinesscoaching.com">www.momentumbusinesscoaching.com</a></p>
<p><b>ENERGETIC HEALING &amp; INTUITIVE COUNSELING</b></p>	
<p><b>AUDREY LINK</b>  <i>Link Center Foundation</i>                  Longmont, Firestone, CO ~ 303-833-3680                  Licensed Minister, Reiki Master, Energetic Re-Balancing, Aro-                  matherapy. <a href="http://www.linkcenterfoundation.com">www.linkcenterfoundation.com</a></p>	<p><b>BILLIE ORTIZ</b>                  Boulder, CO ~ 303-929-6122                  Intuitive dreamwork, psychic development, past-life regression,                  mythological metaphor and ancestral ritual. Workshops available.  <a href="http://www.wakeuptoyourdreams.com">www.wakeuptoyourdreams.com</a></p>
<p><b>CAROLYN EBERLE, MA, LPC, CMT</b>  <i>Mind-Energy Body Institute</i>                  Boulder, CO ~ 720-530-7621                  Self-Mastery, Licensed Professional Counselor (LPC); Masters in                  Counseling, A teacher graduate Barbara Brennan School of Healing,                  Reiki, Healing Touch, Massage Therapy, Horse-Initiated Psycho-                  therapy, Chi Kung. <a href="http://www.mindenergybodyinstitute.com">www.mindenergybodyinstitute.com</a></p>	<p><b>CHUCK DeVORSS</b>                  Centennial, CO ~ <a href="mailto:bnjochk@netzero.net">bnjochk@netzero.net</a>                  Crystal Ally Card readings, Laying on of Stones, Labyrinth walks,                  intuitive guidance using stones and crystals.  <a href="http://www.boulderhealers.com/ChuckdeVorss/">www.boulderhealers.com/ChuckdeVorss/</a></p>
<p><b>DAN LISS</b>                  Longmont, CO - 720-468-2624                  Tarot, Runes, Reiki, Past life regressions, Drumming, Chanting and                  other techniques for transformation; personal rituals  <a href="http://danliss.byregion.net/">http://danliss.byregion.net/</a></p>	<p><b>DANA KARBASSI, MSPT</b>                  Niwot, CO ~ 303-652-0493                  CranioSacral Therapy, Sacred Spaces Bodywork, Myofascial Re-                  lease, Physical Therapy. <a href="http://www.boulderhealers.com/danakarbassi">www.boulderhealers.com/danakarbassi</a></p>
<p><b>DENISE NEAL</b>                  Longmont, CO ~ 303-678-7479                  Numerology. Empathetic and liberal spiritual guidance with a no-                  holds-barred approach. Certified Energy Healing Practitioner.  <a href="http://www.boulderhealers.com/DeniseNeal">www.boulderhealers.com/DeniseNeal</a></p>	<p><b>ESTHER LAIL</b>  <i>Light Source Institute</i>                  Boulder - Ouray, CO ~ 970-325-0545                  Clairvoyant; Aura &amp; Chakra Readings, Past Lives, Soul Essence                  Readings; Aura Healing. <a href="http://www.lightsourceinstitute.net">www.lightsourceinstitute.net</a></p>
<p><b>DR. FELICIA SANTELLI, L.Ac.</b>  <i>Holistic Health Care</i>                  Niwot, CO ~ 303-652-6042                  Acupuncture, Nutrition, Allergy Elimination, Kinesiology, Multidi-                  mensional Healing. <a href="http://www.boulderhealers.com/holistichealthcare">www.boulderhealers.com/holistichealthcare</a></p>	<p><b>DR. JULIE M. NEWAY, ND, CHTP, RPP,</b>  <i>Life Energies, LLC</i>                  Longmont, CO ~ 303-786-8235                  Natural Healing Practitioner, Iridology, Visceral Manipulation,                  Energy Healing, Jin Shin, Brain Mapping. <a href="http://www.lifenergies.com/">www.lifenergies.com/</a></p>
<p><b>KATE SWAN</b>                  Boulder, CO ~ <a href="mailto:gracernote47@yahoo.com">gracernote47@yahoo.com</a>                  Clairvoyant, Clairaudient, Guided Messenger. Kate acts as a mes-                  senger between the etheric and physical realms. Her technique pairs                  both clairvoyant and clairaudient modalities in one transmission</p>	<p><b>LYN VALVERDE</b>                  Loveland, CO ~ <a href="mailto:lynv@reverancebreath.com">lynv@reverancebreath.com</a>                  Reiki Master, Author, Workshop facilitator, Transpersonal counsel-                  ing, Twilight Brigade Certified National Trainer with Dannion                  Brinkley. <a href="http://www.reverancebreath.com">http://www.reverancebreath.com</a></p>
<p><b>MIA FOLEY</b>                  Shawnee, CO ~ 303-480-5059                  Clairvoyant Readings, Personal Empowerment. Hands of Light,                  Reiki Master, Crystal Healings. Pet communications  <a href="http://www.boulderhealers.com/MiaFoley">www.boulderhealers.com/MiaFoley</a></p>	<p><b>DR. MARGIE M. MULLIGAN, Ph.D.</b>  <i>Heal With Energy</i>                  Ft. Collins, CO ~ 970-214-3397                  Quantum Touch, Sound Wave Energy, Energy Work, Sound Heal-                  ing, Psycho-Spiritual Coaching, <a href="http://www.heal-with-energy.com">www.heal-with-energy.com</a></p>
<p><b>MINDY DE MARMION</b>  <i>Paradigm Alchemy</i>                  303-709-1822                  Intuitive readings, Sacred Symbology, IET, Reiki, Cellular Release                  of Fear. Sound Therapy. <a href="http://www.paradigmalchemy.com">www.paradigmalchemy.com</a></p>	<p><b>NANCY DUTTON</b>  <i>Healing Hands of Energy</i>                  Louisville, CO 80027 ~ 303-665-4185/ 877-423-4050                  Energetic Healing, Reconnective Healing. Distance/remote healing                  available for people and pets. <a href="http://www.healinghandsofenergy.com">www.healinghandsofenergy.com</a></p>

## ENERGETIC HEALING & INTUITIVE COUNSELING

**NICOLE KASEMIR, RN,**  
 Longmont, CO ~ 303-772-4018  
 Certified Healing Touch Practitioner/Instructor, Reiki II Practitioner, Certified Holistic Nurse, Wellness Counselor, Integrative Care Nurse at the Health & Healing Center at Exempla Hospital.  
[www.boulderhealers.com/nicolekasemir](http://www.boulderhealers.com/nicolekasemir)

**PAM SEVERANCE**  
*Healing for Healers*  
 Boulder, CO ~ 303-544-0093  
 Cranial Sacral Therapy, Energy Healing, Spiritual Guidance, Intuitive Counseling, Clearings. [www.PamSeverance.com](http://www.PamSeverance.com)

**PATRICIA (TRICIA) CAMP**  
 Thornton, CO ~ 303 886-6481  
 OSHO Zen Tarot Readings, Aura Readings/Healings, Licensed Minister, Stress Management.  
[www.boulderhealers.com/triciacamp](http://www.boulderhealers.com/triciacamp)

**RENEE SUTTON**  
*Healthier Healing*  
 Colorado/S.Carolina ~ 303-817-1490  
 Energetic healing, Jin Shin Tara practitioner and instructor, Healing Touch practitioner, Author. [www.healthierhealing.com](http://www.healthierhealing.com)

**SANDRA-KA**  
 Lakewood, CO ~ 303-989-9864  
 Ordained Minister, Clairvoyant Channel, Graphotherapist, Certified Graphologist, Tarot Reader, & Doctor of Metaphysics.  
[www.mysticmedium.com](http://www.mysticmedium.com)

**SHENOAH DIXON**  
*The Light-Heart Connection*  
 Boulder, CO ~ 303-449-3255  
 Energy Healing, Axiatonal therapy, Shamanic Healing, Cranial Sacral Balancing, Massage. <http://shenoahdixon.tvoco.com>

**SHELLI WORRALL, RCST, RPP, CMT**  
*True Essence Center for WellBeing*  
 Longmont, CO - 720-652-9841  
 CranioSacral Therapy, Massage Therapy, Polarity Therapy, herbal body wraps, aromatherapy, prenatal birth and attachment to resolve trauma for infants and young children.

**SUE SCUDDER**  
 Pine, CO ~ 303-748-5273  
 Theta Energetic Healing, Aromatherapy, Reiki, Healing Touch, Reflexology, Musical Artist, Teacher, Author.  
[www.suescudder.com](http://www.suescudder.com)

**DAN RODMAN**  
 Boulder, CO, 303-862-5873  
 Tibetan Buddhist Intuitive energy healing

**FRANK O'NEILL**  
 Boulder, CO, 303-443-3703  
 Dynamic CranioSacral Therapy, Qi Gong, Yoga  
[www.boulderhealers.com/frankoneill](http://www.boulderhealers.com/frankoneill)

**ALANNAH ZIMERMAN, MS**  
 Boulder, CO, 303-440-1210  
 Master's Degree in Counseling, Crystal Energy Healing, Pranic Energy Healing, Chakra Cleansing/Balancing, Reiki, Meditation & Visualization for overall Health/Well Being, Distance Healing.

## INTERIOR DESIGN—FENG SHUI

**MERCY LAVELL**  
*Interior Energy*  
 Denver, CO ~ 720.570.0405  
 Black Hat Sect Feng Shui practitioner. Consultations, classes. Interior Design. [www.interiorenergy.com](http://www.interiorenergy.com)

**RHONEE**  
*Designed Living Solutions*  
 Broomfield ~ 720-887-1025  
 Total Conceptual Design, consulting services, including Feng Shui. Life Coaching. [www.rhonee.com](http://www.rhonee.com)

## PSYCHOTHERAPY & HYPNOTHERAPY

**DR. SAHNA CARMONA**  
*Holistic Psychotherapy*  
 Boulder, CO ~ 303-443-0333  
 Gentle Holistic Psychotherapy, NLP, Neuro-Emotional Technique (NET), Naturally Occurring Trance, Nutrition. [www.sahna.net](http://www.sahna.net)

**ZOILITA GRANT, M.S. C.Ht**  
*Colorado School of Counseling and Hypnotherapy Training*  
 Longmont, CO ~ 303-776-6103  
 Transpersonal Hypnotherapy, Psychotherapy, Body Alignment, Energy work. [www.selfhealing.com](http://www.selfhealing.com)

**PAT GURNICK, BA,EFT-CC**  
*Director, CEFCA Website Support*  
 Boulder ~ 303-413-8091  
 Emotional Freedom Technique, Psychotherapy, IET, Lifestyle Counselor, Drug/Alcohol Counseling. [www.caringcounselor.com](http://www.caringcounselor.com)

**DR. ALAN H. McALLISTER**  
*Whole Being Explorations*  
 Boulder, CO ~ 303-545-5562  
 Hypnosis, Psychotherapy, Intuitive Readings, Energetic Healing, Teaching Energy Tools. [www.wholebeingexplorations.com](http://www.wholebeingexplorations.com)

## BUSINESS ASSOCIATES

**LICENSE TO DREAM**  
 Arvada, CO ~ 303-424-3970  
 Joe & Barb Eberle  
 Community Service, College Resources, College seminars, NLP practitioner [www.licensetodream.org](http://www.licensetodream.org). [www.thecollegestore.net](http://www.thecollegestore.net)



## HOW IT WORKS FOR ME

By Carol Skylark

So then, that there is my challenge; How to give out the milk and honey, with some slightly caffeinated chai for inspiration, to my maties on this journey.



"ALCHEMIST"  
Aura Portrait of  
Aubrey Kay

*Carol Skylark is a Clairvoyant Aura reader and Healer who is also an artist. She creates a journey with you through your body, mind, soul and time. For Info. on her portrait healing sessions and mystic visions gallery go to [skylarkproductions.com](http://skylarkproductions.com) 970 225-6981 gets you to her directly as does [cskylark@comcast.net](mailto:cskylark@comcast.net)*

*See her internet show at [journeyswithskylark.com](http://journeyswithskylark.com)*

“ Now where did that come from”, I muse, high on the rock ledge where I’m writing this down. And slowly the memories begin to sift in; the rough seas, the salty spray, the urgent sense of dire necessity. The storm’s ferocity is clashing spit and foam into my mind’s eye intensity as I stand glaring down my mates, a rough and tumble batch of sea faring men that stand afore me, mean and muttering, but not so mean as me, their captain.

It’s thirteen years ago and I’m lying on a massage table out here in an open field. It’s a warm comfortable summer’s day. My friend Elka, a reiki master healer, is filling my body up with light. My head is to the north and the northern mountains, which are about a mile away, are flowing their energy and subtle substance through my open mind. I’m seeing the mountains and the vistas expanding out to the horizons, both inside and outside of my closed but watchful eyes.

The sky and the earth seem to engage my expanded awareness and I see delicate filigree patterns of light connecting me out into the vistas. Tiny little golden lights twinkle at the interstices of my expanded etheric body. This creates a warm, spacious three-dimensional matrix of sky, earth and me. It fills me with joy and gives me courage. I am so far beyond my limited physical self, so uplifted and yet so communing with my mighty neighbors.

And then this matrix of electromagnetic energy seems to coalesce closer around me and though it still seems made of a light like substance, it now seems just a bit more dense and luxuriant. The color as it is embracing through my aura is a brighter, lighter yellow and I feel it suffusing me with happiness. As it begins to enter deeper into my personal physical space, I notice that the yellow becomes more golden pink and I’m seeing places in my body light up with this energy of joyous compassion. But I’m noticing other places, not able to receive and surrender to it so well. There the light becomes a fiery pink as it permeates and effervesces deeper into my flesh and blood and psychophysical blockages I feel the fizzling zeroing into my chest where my chronic pain hides out. Like a hissing fire it’s burning through the dross of the muscle and mind that surrounds and protects my heart.

I’m breathing and weeping, breathing and weeping. And then I’m just seeing this scene of the stern sea captain in the eye of the storm, blasting his intentions into his shipmates. “There will be no mutiny here! Every hand together now! Tis the only thing twill get us through!” And as that scene plays itself out another takes its place: an older, more ornate boat, a different captain and another crew. And as that one is finishing showing itself, the particles of the picture rearranged themselves anew into a third scene of yet another sea faring vessel. Tis smaller and simpler and from an earlier era with another rough and ready strong willed captain.

I am starting to be bemused by all of this when again there is a rearrangement of the pictorial points and I am seeing the most gracious Hindu woman peacefully pouring a cup of tea. She is smiling at me as if to say, ‘Do you remember, can you see, there is this other way you can be.’

So then, that there is my challenge; How to give out the milk and honey, with some slightly caffeinated chai for inspiration, to my maties on this journey. How to do it without cursing and coercing this ship of fools called humanity. How to melt down into the heart of the Guru~esse and come from such a place of peace and bliss, that when I whistle Dixie the entire Union arises. ■



## WELCOME NEW MEMBERS

### FRANK O'NEILL

Beginning in 1997 with Tai Chi, Frank has been a student of various holistic arts, including a daily meditation, yoga, and Qi Gong practice. A registered yoga teacher since 2004, Frank completed the 700 hour CranioSacral training at the Colorado School of Energy Studies in 2006. With an office at 2955 Valmont St in Boulder, Frank offers craniosacral therapy to clients who wish to experience more grounding and clarity. He can be reached at 303-443-3703.

### ALANNAH ZIMERMAN

Alannah has been a conduit for Universal Divine Healing Energy for over 25 years. She creates sacred space for each session allowing the most beneficial energy attunement to be received for each individual. Using her intuitive guidance, she can combine healing techniques as needed to assist others in recognizing and loving their authentic self. Alannah has a Master's Degree in Counseling, and does Crystal Energy Healing, Pranic Energy Healing, Chakra Cleansing/Balancing, Reiki, Meditation & Visualization for overall Health/Well Being, Distance Healing. Alannah is located in Boulder and can be reached at 303-440-1210.

• • • • • • • • • •

• Get a mini-reading from some of our talented and qualified readers at <http://psychics.boulderhealers.com>.

• Only \$10 for one question.

• • • • • • • • • •



Our friend Kelli, owner of Kachina Herbs, practices clinical aromatherapy, researching uses of herbs and essential oils around the world and using her findings to create some seriously successful products. And she really knows her stuff - she's written a book on safe application of aromatherapy, and teaches a certification class in South Florida (ask her about her on-line class). She offers teas, salves, toothpaste and other products designed to treat anything from muscle pain to respiratory disorders. Her store is at Griffin's Loft, 4282 N. University Drive in Davie, Florida

## AROMATHERAPY FOR YOU



Spring is here, which means gardening, sweating, and needing some great Patchouli soap. In aromatherapy Patchouli essential oil is a natural deodorant and has a warm, woody smell to it. The active ingredients in Patchouli can assist not only with body odors but is also an excellent skincare product and can help with balancing your skin

when problems such as acne, psoriasis or eczema arise. You can order from one of our favorite aromatherapists, Kachina Herbs. Kelli has over 23 years experience in aromatherapy and uses only the finest organic Patchouli essential oil in this formula. Order on-Line at [http://www.etsy.com/view\\_listing.php?listing\\_id=6905503](http://www.etsy.com/view_listing.php?listing_id=6905503). See her profile at [http://www.etsy.com/profile.php?user\\_id=5044921](http://www.etsy.com/profile.php?user_id=5044921).



Natural healing services,  
educational opportunities and  
connections for members and  
the community.

Boulder Healing  
Arts Association

P. O. Box 602  
Longmont, CO 80502-0602

www.boulderhealers.com  
boulderhealers@earthlink.net



*The Boulder Healing Arts Assn. is dedicated to bringing the healing energies of the universe to all those they come in contact with, be it through touch, earth sciences, or the esoteric arts.*

We wish to make available to the community, through fairs, clinics, workshops, lectures, etc., the different methods of healing that are available to us. Some members are intuitive readers, energetic healers, bodyworkers, and some work with the stars and the plant kingdom. In whatever realm we do our healing work, it is for the benefit of mankind and mother earth. We promote the abundance of all members and non-members alike. We promote honesty and integrity with a desire to give and receive from the community. We encourage ethical business practices and the support of each other's gifts and abilities.

### AFFIRMATIONS OF ABUNDANCE FROM FLORENCE SCOVEL SHINN

*Say each one five times*

All my needs will always be met and more. I thank you for the \$— of extra money this week, or more, that you are sending me.

Infinite spirit, open the way for great abundance for me. I am an irresistible magnet for all that belongs to me by divine right.

People love to give me money and receive great value for it.

I now draw to me all that is mine by divine right and give thanks for my unlimited success, wealth and prosperity.

Make me a prosperity move for everyone I touch today.



Check our on-line  
Calendar for  
updates on events/  
classes/workshops  
in the area.

www.boulderhealers.  
com/Calendar

2008  
**FAIR SCHEDULE**

*April 5 - Healing Day for Healers - trading services*

Apr. 19 - Healing Arts Sampler

May 24 - Psychic Fair

*June 21 - Holistic/Intuitive Arts Fair*

Sept. 20 - Healing Arts Sampler

Oct. 18 - Psychic Fair

Nov. 15 - Healing Arts Sampler

Dec. 20 - Psychic Fair